



Monthly Virtues

September

Self Discipline

- Resolve conflicts peacefully
- Exhibit patience
- Demonstrate self-control
- Sacrifice short term gratification for long term goals
- Be diligent
- Be a good listener
- Practice positive self-reflection

October

Responsibility

- Be accountable for actions
- Take ownership of behavior
- Accept consequences
- Set a good example
- Respect rules
- Cooperate

November

Courage

- Be strong
- Think independently
- Be true to yourself
- Develop inner strength
- Challenge yourself
- Adapt to change
- Be flexible

December

Compassion

- Demonstrate...kindness
caring
concern
courtesy
support
empathy
mercy
forgiveness
service
helpfulness

January

Perseverance

- Persist
- Be diligent
- Pursue and accomplish goals
- Be committed to reaching your potential

February

Respect

- Respect life, self, family and others
- Respect the rights and beliefs of others
- Respect rules
- Work for justice
- Be fair
- Treat others with dignity
- Communicate appropriately

March

Appreciation of Diversity

- Advocate for justice and equality
- Be fair
- Listen to others
- Learn from each other
- Strive to understand
- Respect differences
- Cooperate
- Recognize cultural similarities
- Treat others with dignity
- Resolve conflict peacefully

April

Hope

- Be enthusiastic
- Exhibit a sense of humor
- Be cheerful
- Have a positive attitude
- Be optimistic
- Evidence curiosity and wonder
- Be adaptable and flexible

May

Integrity

- Demonstrate...kindness
honesty
accountability
trustworthiness
loyalty
justice